
IMPORTANT NOTICE TO ALL STUDENTS UNDERTAKING TRAINING DURING THE CORONAVIRUS (COVID-19) CRISIS

You are receiving this document because you are a new or registered student with the Nam Pai Chuan Shaolin Kung Fu School and have expressed an interest in training during the period in which social distancing measures have been adopted by the UK Government in response to the Coronavirus (Covid-19) emergency. Please read the information below carefully.

Reducing the spread of disease is everyone's responsibility. In order to be able to train safely we ask you to agree to a code of conduct and training agreement which has been designed to keep everyone safe and comply with government guidelines. Please sign at the end of this document to indicate that you are prepared to abide by the conditions set out below.

Code of Conduct and Training Agreement

1. Training with other people will, by its nature, increase the risk of catching or spreading the Coronavirus (Covid-19). We aim to mitigate against the risk as far as possible by acting responsibly and ensuring that all steps necessary are taken to avoid exposure. The training provider will accept no liability for any student contracting the Coronavirus (Covid-19) as a result of training or subsequently spreading the virus to others. When training you agree to strictly adhere to the Government's social distancing policy.
2. If you suffer from a significant medical condition, or have been asked to shield by your doctor or an NHS authority then please do not attend classes where training is conducted in person. Similarly, if you live with someone who has a medical condition or has been advised to shield, do not attend classes as you may carry the infection to them. Please inform your instructor so that they know why you have stopped training. As restrictions are eased special classes or sessions may be held for these students.
3. Should you experience any symptoms consistent with Coronavirus (Covid-19) you agree to cease training immediately, seek medical assistance and not attend for at least 14 days. Symptoms include: fever, cough, shortness of breath or difficulty breathing, chills, repeated shaking with chills, muscle pain, headache, sore throat, new loss of taste or smell.

4. You agree to allow any attendance data to be used by healthcare authorities for the purposes of contact tracing. If you are named as a potential contact of a person who is infected, then please self-isolate immediately and inform your instructor.
5. You agree to keep a minimum of two metres distance at all times from others who are not living in the same household, including the instructor. As the government restrictions ease, the instructor will go through the rules of training, which may change over time. If you fail to adhere to these rules at all times, then the instructor will ask you to leave the class.
6. You will maintain good hand hygiene by washing/sanitising your hands before and after training. If masks are required, then please bring your own and wear it at all times during training (unless there is a medical reason not to). Please avoid playing with or adjusting your mask unless you sanitise your hands before and after.
7. You agree to bring suitable antibacterial hand-wash/hand gel to every training session, for use as and when required.
8. You agree to refrain from shouting when executing techniques unless wearing a facemask.
9. If you are the parent of someone training who is under the age of 16, you agree to remain at the training area for the duration of the training session. If there is not enough space in the hall then please wait outside or in your car to reduce the risk of transmission while remaining onsite. Alternatively, another student's parent may maintain responsibility for your child, as long as this is agreed with them prior to the session and the instructor is informed.
10. You should travel to and from classes in your training uniform where possible. While toilet facilities are available, changing rooms may not be compliant with government guidelines and should be avoided.
11. You should remain polite, considerate and respectful of others in class. It has been a stressful time for everyone, and we all look forward to returning to training.

I have read the information above. I agree to the code of conduct and waive any liability for catching COVID-19 at a class. I understand the rules and agree to adhere to them at all times.

Signed.....

Name.....

Date.....